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# HARIFEN TOSTAS

## LOW PROTEIN PRODUCT

AVERAGE NUTRITIONAL ANALYSIS	Per 100 g
Energy	1461 kJ (344 kcal )
Fats	0,9 g
of which saturated	0,8 g
Carbohydrates	84 g
of which: sugars	<0,5 g
Fibre	1 g
Protein	0,35 g
Phenylalanine	13,3 mg
Salt	0,02 g