



## HARIFEN COUSCOUS

## LOW PROTEIN AND PHENYLALANINE

AVERAGE NUTRITIONAL ANALYISIS	Per 100 g of product
Energy	1461 kJ (344 kcal)
Fats of which: saturated	0.9 g 0.8 g
Carbohydrates of which: sugars	84 g <0.5 g
Dietary fibre	1 g
Protein Phenylalanine	0.35 g 13.3 mg
Salt	0.02 g